



LESLY KAHN

AND CO.

Personal Resources

BEAUTY

HAIR

Tracy Cunningham
Meche Salon
310.278.8930
www.mechesalonla.com

Jenn Injaian
Master Stylist and Colorist
The Phoenix Salon
818.239.6123
jennxx@aol.com

Angelina Panelli
831.682.1399
AngelinaPanelli@gmail.com

Eric Torres or Sara Fetters
Bombshell Salon
310.450.0440

Yiotis Panayiotou
Yiotispanayiotou.com

Clariss Rubenstein
Gloss Beauty Studio
310.553.6505

TANNING

Soray Tanning by Jen
Portofino Skin Center & Spa
310.276.8855
www.portofinosun.com

HAIR & MAKE-UP ON SET

Sommer Anzaldo
424.337.2412
lovinmkup@yahoo.com

HEALTH & MEDICAL

ACUPUNCTURE

Carolyn Leigh
310.365.6855
oaktreehealer@yahoo.com

Tao of Wellness
Dr. Tao & Dr. Mao
310.917.2200
www.taofwellness.com

ADDICTION

Alcoholics Anonymous
www.aa.org

Gamblers Anonymous
www.gamblersanonymous.org/la

Narcotics Anonymous
www.na.org

Overeaters Anonymous
www.oa.org



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Personal Resources (cont.)

ALLERGIST

Charles Snider
310.201.0717

CARDIOLOGIST

Dr. Satinder Bhatia
310.278.3400

CHIROPRACTIC

Halo Chiropractic
Iris Williams (Chiropractor)
Salvador or Mariel (Chiropractic Massage)
323.8740.2225

DENTIST

Dr. William Dorfman
310.277.5678

DERMATOLOGIST

Brian P. Mekelburg, M.D.
310.659.9075

Dr. Alan Rosenbach
310.556.5454

www.drrosenbach.com

DETOXIFICATION

We Care Spa
Juice Fasting Spiritual Retreat

www.wecarespa.com

DYSLEXIA

Rex Wilson
The Drake Institute
310.656.7978

www.drakeinstitute.com

EAR, NOSE & THROAT

Dr. Harvey Paley
310.278.9171

INTERNAL MEDICINE

Dr. Soram Singh Khalsa
310.274.6200

OB-GYN

Dr. Jay Goldberg
310.657.1600

www.womenscareofbeverlyhillsgroup.com/our_team.htm/

Dr. Paul Hackmeyer
310.276.1721

ORTHOPEDIST

Dr. Richard Fokel, SCOI
(Southern California Orthopedic Institute)
818.901.6600 ext. 2805

ORTHOPEDIC SPINE SURGERY

Dr. Robert G. Watkins, IV, MD
310.448.7890



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PLASTIC SURGERY

Dr. Raj Kanodia
310.276.3106

Dr. Harvey Paley
310.278.9171

PROCTOLOGIST

Dr. Beth Moore
310.854.3580

SURGEON

Dr. David Fermelia
310.278.0567

VOICE DOCTOR

David Alessi
310.657.2253

Charles Schneider
310.201.0717

Randy Shnitman
310.275.5436

THERAPY

TRADITIONAL THERAPISTS

Dr. Susan Brace
310.477.4420

Dana Dovitch
818.783.3262

Julie Hallowell
310.394.8116

Dr. Barbara Langer
(via personal recommendation from Lesly only)

Dr. Jenn Mann
310.278.9666

Dr. Janet Turick
310.836.1816

PSYCHIATRY/MEDICATION

Dr. Sarah Bein
310.825.0168

Dr. Abraham Havivi
310.208.1770



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Personal Resources (cont.)

THERAPY ON A SLIDING SCALE

Center for Individual and Family Counseling

www.cifc1.org

Gay & Lesbian Center

www.lagaycenter.org

Jewish Family Services

www.jfsla.org

Maple Center

310.271.9999

www.tmcc.org

Miracle Mile Community Practice

www.mmcpa.org

Wright Institute

310.277.2796

www.wila.org

Checkout this link for lots of free and affordable therapy and counseling services:

http://lifehacker.com/top-10-free-and-affordable-mental-health-and-counseling-1788814933?utm_source=lifehacker_newsletter&utm_medium=email&utm_campaign=2016-11-12

FEAR COUNSELING

Barbara Deutsch

818.508.9096

www.bdapproach.com

ALTERNATIVE THERAPIES

HYPNOTHERAPY

Hypnotherapy

Marc Schoen

310.289.9545

www.marcschoen.com

SPIRITUALITY

Abraham-Hicks

www.abrahamhicks.com/lawofattractionsource/index.php

KUNDALINI YOGA

Tej Kaur Khalsa

323.934.9140

ninetreasuresyoga.com

Daniel Overberger

818.371.5118

leavingstressbehind.com

WELLNESS & BREATHING

Guru Prem

310.275.8476

Patrick Murphy CPT, CES, PES, OPT-Prenatal

Certified Fitness Professional

310.406.6799

patrick@murphyfitness.com

murphyfitness.com



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Personal Resources (cont.)

EQUINE THERAPY

thereflectivehorse.com

OTHER SERVICES

DOG BOARDING & TRAINING

The Zen Dog

Matt Besiner

wag@thezendog.com

MOVERS, STORAGE & ORGANIZATION

Jesus Arroyo

818.503.7791

818.621.8397

Claudius Milton

213.500.1253

claudiusmilton@yahoo.com

Clear Home Solutions

Marty Heebner

www.clearhomessolutions.com