



LESLY KAHN

AND CO.

Little Black Book

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Classes & Teachers

ALEXANDER TECHNIQUE

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presenceandpoise.com

COMMERCIAL ACTING

Jill Alexander
310.467.4692
jillforpromqueen.com/commercial-class

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323.654.2212
carolynebarry.com

Bill Coelius
917.568.4391
commercialacting101.com

Chris Game *
cgcastingassistant@gmail.com

Killian's Workshop *
killiansworkshop.com

Stuart Robinson
310.558.4961
stuartkrobinson.com

HOSTING

Marki Costello *
310.207.7333
becomeahost.com

IMPROVISATION

Groundlings
323.834.4747
groundlings.com

Improv Capital
improvcapital.com

The Upright Citizen's Brigade
323.908.8702
ucbtheatre.com

Second City
323.464.8542
secondcity.com

MARKETING

Sam Christensen
samchristensen.com

Bonnie Gillespie
bonniegillespie.com

Dallas Travers
dallastravers.com

Buckley Sampson
imagebybuckley.com/services

MOVEMENT

Tracy Anderson *
tracyanderson.com

* I am not personally familiar with this person or company's work, but have heard great things.



NEW YORK ACTING

Anthony Abeson
212.581.4471
anthonyabeson.com

The Barrow Group *
Seth Barrish
212.760.2615
barrowgroup.org

Bob Krakower
212.691.6000
bobkrakower.com

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212.877.0342
joanrosenfels.com

SCREENWRITING

Howard March
Script Doctor
howywood@aol.com

Pete Goldfinger
323.365.4339
petesport.com

Robert McKee
mckeestory.com

SINGING

Carole D'Andrea
310.281.7116
caroledandrea.com

Eric Vitro *
ericvitro.com

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818.766.3030
goodrichvocal.com

Rachel Lawrence *
rachellawrence.com

SECRET WEAPONS

Alessandro Giannetti
Guided Light Healing
323.375.4144
guidedlighth healing.com

Nikki Hayden
Energetic & Intuitive Healing
alignyourlife.com

Genie Kahn
Life Coaching
805.452.9958
geniekahn.blogspot.com

Greg Sims
Goal Setting
646.352.2764
practicalgoalsettingtechnique.com

Do you need help getting a visa?
visapaq.com
info@visapaq.com

SPEECH & DIALECT

Bob Corff
323.851.9042
corffvoice.com

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Claire Corff
323.969.0565
corffvoice.com

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rowenabalos.com

Steve Memel *
818.789.0474
stevenmemel.com

STAND-UP COMEDY

Judi Shelton *
judithshelton.com

Pretty Funny Women
prettyfunnywomen.com

VOCAL PRODUCTION

Matt Beisner
310.425.9119
voiceclubla@gmail.com

VOICEOVER

Kalmenson & Kalmenson
818.377.3600
kalmenson.com

Mari Weiss
323.573.3131
mariweiss.com

The Business Of The Business

ACCOMPANISTS

Ron Abel (also in NYC) *
310.717.2138

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Chris Brattan *
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auditiontrax.com

Scott Harlan *
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briankennedy01@gmail.com

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BLOGS, PODCASTS & APPS

Bonnie Gillespie
more.showfax.com/columns/avoice

Industry Standard
itunes.apple.com/us/podcast/industry-standard-barryid672873590/mt=2

Improv Nerd
jimmycarrane.com/improv-nerd-podcast/

Kahnversations
<https://podcasts.apple.com/us/podcast/kahnversations-podcast/id643026975>

Line Learner
itunes.apple.com/us/app/linelearner/id368070258?mt=8

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Marc Maron
wtfpod.com

Rehearsal 2 App
rehearsaltheapp.com

Dallas Travers
dallastravers.com

Matt Baldwin
wnycstudios.org/shows/heresthething

CASTING DIRECTOR WORKSHOPS

Next Level Studios LA / One on One NYC
212.691.6000
staff@nextlevelstudiosla.com
NextLevelStudiosLA.com

FULL SCRIPTS

allmoviescripts.com
dailyscript.com
drewscriptorama.com
imsdb.com
joblo.com
movie-page.com
twiztv.com
sites.google.com/site/tvwriting/home
simplyscripts.com
script-o-rama.com
showfax.com

PHOTOGRAPHERS & HEADSHOTS

Russell Baer
310.452.2705
russellbaer.com

Laura Burke
818.749.4422
lauraburkephotography.com

Marc Cartwright
323.878.2603
marccartwrightheadshots.com

Jeff Enden
323.575.0550
jeffendenphotography.com

Lisa Franchot
323-717-3765
lisafranchothedshots.blogspot.com

Nancy Jo Gilchrist
818.780.0803
nancyjophoto.com

Stephanie Girards
323.366.2218
stephgirardheadshots.com

Mary Ann Halpin
323.874.8500
maryannhalpin.com

Bader Howar
310.617.5007
baderphoto.com

Bjoern Kommerell
323.650.7167
bkheadshots.com

Lorenzo
323.876.9675
headshotsbylorenzo.com

Rob Parks
818.208.1448
robshots.com

Dana Patrick
877.505.0008
danapattick.com

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310.973.7315
theoandjuliet.com
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info@birdseye-foto.com

Sean Samuels
516.574.9354
spspix.com

Paul Smith
323.463.8864
paulsmithphtography.com

PUBLICITY

Tammy Lynn and Spotlight PR
310.867.1952
spotlightprcompany.com

REEL MAKING & VIDEO EDITING

Edit... Sweet
818.430.9024
editsweetla.com

Imagine Edit
917.678.6155
www.imagineedit.com

The Reel Essence
310.592.2739
thereeessence.com

SELF-SUBMISSIONS

Actors' Access
actorsaccess.com

Casting Frontier
castingfrontier.com

LA Casting
lacasting.com

Now Casting
nowcasting.com

STRATEGIC COMMUNICATION + MEDIA TRAINING

Ruth Sherman
ruthsherman.com

WEB DESIGN

Alexandra Fiber *
signalboostdesign.com

Beauty

HAIR

Tracy Cunningham (famed for color)
Meche Salon
310.278.8930
www.mechesalonla.com

Angelina Panelli
831.682.1399
AngelinaPanelli@gmail.com

Eric Torres or Sara Fetters *
Bombshell Salon
310.450.0440

Yiotis Panayiotou *
Yiotispanayiotou.com

* I am not personally familiar with this person or company's work, but have heard great things.

**HAIR & MAKE-UP ON SET**

Sommer Anzaldo
424.337.2412
lovinmkup@yahoo.com

NAILS

Nails by Rarew
She will come to you!
562.712.7044
nailfashionistaraven@gmail.com

STYLISTS

Donny Galella
Sydney, Australia
donny@galella.com

Nick Lord
Melbourne, Australia

TANNING

Soray Tanning by Jen
Portofino Skin Center & Spa
310.276.8855
www.portofinosun.com

Health**ACUPUNCTURE**

Dr. Carolyn Leigh
310.365.6855
oaktreehealer@yahoo.com

Tao of Wellness
Dr. Tao & Dr. Mao
310.917.2200
www.taofwellness.com

ADDICTION

Alcoholics Anonymous
www.aa.org

Gamblers Anonymous
www.gamblersanonymous.org/la

Narcotics Anonymous
www.na.org

Overeaters Anonymous
www.oa.org

Maurice Taylor
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BODYWORK

Donald Doyle (Heller Work)
818.785.5038
donaldwd@pacbell.net

Don the Rolfer (Rolfing)
951.751.0000

Dr. Benjamin Shield (Rolfing)
323.932.1112

CHIROPRACTIC

Dr. Joshua Michael
818.840.1100
healthquestq.com

* I am not personally familiar with this person or company's work, but have heard great things.



DETOXIFICATION

We Care Spa
Juice Fasting Spiritual Retreat
wecarespa.com

DYSLEXIA

Rex Wilson *
The Drake Institute
310.656.7978
drakeinstitute.com

NUTRITION

Bridgette Becker
taprootenergetics.com

OPHTHALMOLOGY

Dr. Louise Davis Cooley
310.247.0348

MEDICAL

If you need a medical doctor, please email us and we'll send you a recommendation if we have one.

Traditional Therapy

THERAPY ON A SLIDING SCALE

Center for Individual and Family Counseling
cifc1.org

Gay & Lesbian Center
lagaycenter.org

Jewish Family Services
jfsla.org

The Maple Center
310.271.9999
tmcc.org

Miracle Mile Community Practice
mmcpla.org

Wright Institute
310.277.2796
wila.org

This link has lots of free and affordable therapy and counseling services:
http://lifelifehacker.com/top-10-free-and-affordable-mental-health-and-counseling-1788814933?utm_source=lifelifehacker_newsletter&utm_medium=email&utm_campaign=2016-11-12

THERAPISTS

Dr. Susan Brace
310.477.4420

Jorja Davis
(Therapy, Hypnotherapy, EMDR, Sobriety)
818.422.0062
jorjadavismft.com

Dana Dovitch *
818.783.3262

Julie Hallowell *
310.394.8116

Dr. Barbara Langer
(via personal recommendation from Lesly only)

Dr. Jenn Mann
(via personal recommendation from Lesly only)

Dr. Janet Turick *
310.836.1816

* I am not personally familiar with this person or company's work, but have heard great things.



Alternative Therapy

EQUINE THERAPY

thereflectivehorse.com *

FEAR COUNSELING

Barbara Deutsch
818.508.9096
www.bdapproach.com

HYPNOTHERAPY

Hypnotherapy
Marc Schoen *
310.289.9545
www.marcchoen.com

KUNDALINI YOGA

Tej Kaur Khalsa
323.934.9140
ninetreasuresyoga.com

Daniel Overberger
818.371.5118
leavingstressbehind.com

SPIRITUALITY

Abraham-Hicks
www.abrahamhicks.com/lawofattractionsource/index.php

WELLNESS & BREATHING

Bill Bastien
Breath Work
310.561.6798
billbastian.com

Guru Prem
310.275.8476
Patrick Murphy CPT, CES, PES, OPT-Prenatal *
Certified Fitness Professional
310.406.6799
patrick@murphyfitness.com
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Other Services

DOG BOARDING & TRAINING

The Zen Dog
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MOVERS, STORAGE & ORGANIZATION

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818.621.8397

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LANDSCAPE + TREE TREEMING

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ISA Qualified Tree Risk Assessor
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Only hire real contractors!
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323.327.1611 office
treecarela.com
[instagram.com/treecarela](https://www.instagram.com/treecarela)



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